

These are guidelines for oil & filter change only. Consult the owners manual for complete details of all maintenance requirements ! All intervals are based upon time or mileage, whichever occur first.

	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009
Civic (including hybrid) normal conditions	Every 7,500 miles or 1 year				Every 10,000 miles or 1 year				see note 1				
Civic- SEVERE *	Every 3,750 miles or 6 months				Every 5,000 miles or 6 months				see note 1				
CRV- normal conditions	Every 7,500 miles or 12 months				Every 10,000 miles or 1 year				see note 1				
CRV- SEVERE *	Every 3,750 miles or 6 months				Every 5,000 miles or 6 months				see note 1				
Accord 4 Cylinder - normal conditions	Every 7,500 miles or 12 months				Every 10,000 miles or 1 year				see note 1				
Accord 4 Cylinder - SEVERE *	Every 3,750 miles or 6 months				Every 5,000 miles or 6 months				see note 1				
Accord V-6 - normal conditions	Every 7,500 miles or 12 months				Every 10,000 miles or 1 year				see note 1				
Accord V-6 - SEVERE *	Every 3,750 miles or 6 months				Every 5,000 miles or 6 months				see note 1				
Pilot- normal conditions	Every 7,500 miles or 12 months				Every 10,000 miles or 1 year				see note 1				
Pilot- SEVERE *	Every 3,750 miles or 6 months				Every 5,000 miles or 6 months				see note 1				
Element- normal Conditions	Every 7,500 miles or 12 months				Every 10,000 miles or 1 year				see note 1				
Element- SEVERE *	Every 3,750 miles or 6 months				Every 5,000 miles or 6 months				see note 1				
Insight- normal conditions	Every 7,500 miles or 12 months				Every 10,000 miles or 1 year				see note 1				
Insight- SEVERE *	Every 3,750 miles or 6 months				Every 5,000 miles or 6 months				see note 1				
S2000 - normal conditions	Every 7,500 miles or 12 months				Every 10,000 miles or 1 year				see note 1				
S2000 - SEVERE *	Every 3,750 miles or 6 months				Every 5,000 miles or 6 months				see note 1				
Ridgeline	Every 7,500 miles or 12 months				Every 10,000 miles or 1 year				see note 1				
Odyssey- normal conditions	Every 7,500 miles or 12 months				Every 10,000 miles or 1 year				see note 1				
Odyssey- SEVERE *	Every 3,750 miles or 6 months				Every 5,000 miles or 6 months				see note 1				

* SEVERE conditions are defined by American Honda as those vehicles driven MAINLY under one or more of the following conditions:

- Driving less than 5 miles per trip, or in freezing temperatures, driving less than 10 miles per trip
- Driving in extremely hot (over 90 deg) conditions
- Extensive idling or long periods of stop-and-go driving
- Trailer towing or driving in mountainous conditions
- Driving on muddy, dusty or de-iced roads.

Note 1: Vehicle equipped with smart maintenance reminder with oil life indicator. Owner should follow the dash indicator which monitors the specific vehicle's driving characteristics.

Consult the owners manual for complete details of all maintenance requirements !

(American Honda suggests the engine oil and other fluids be checked at every fuel fill-up.)

