



Hunger in America 2014 is the largest, most comprehensive analysis of charitable food assistance in America. The study captures information about the scope of services that the Second Harvest Food Bank of Middle Tennessee network provides to clients facing hunger as well as the challenges, barriers and coping methods that these clients experience each day.



SECOND HARVEST FOOD BANK OF MIDDLE TENNESSEE IS A MEMBER OF THE FEEDING AMERICA NETWORK



450+ AGENCIES
IN THE 46-COUNTY SERVICE AREA,
REPRESENTING HALF THE STATE **OPERATE**
838 FOOD PROGRAMS

37%
RELY ENTIRELY ON VOLUNTEERS

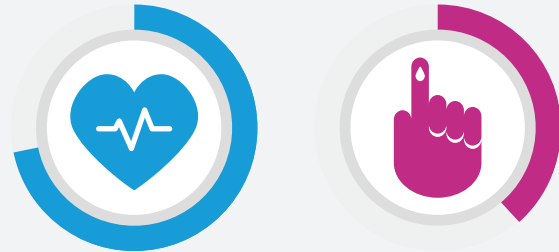
56% INCREASED
VOLUME OF CLIENTS
IN PAST 12 MONTHS

SERVING **83,000**
UNIQUE **HOUSEHOLDS** → **64,000**
CHILDREN & **47,000**
SENIORS

HOUSEHOLD SPENDING TRADEOFFS

- 57%** HAD TO CHOOSE BETWEEN FOOD AND MORTGAGE
- 80%** HAD TO CHOOSE BETWEEN FOOD AND MEDICAL CARE
- 26%** HAD TO CHOOSE BETWEEN FOOD AND EDUCATION

HOUSEHOLD HEALTH



71%
OF HOUSEHOLDS HAVE A MEMBER WITH HIGH BLOOD PRESSURE

38%
OF HOUSEHOLDS HAVE A MEMBER WITH DIABETES

EDUCATION



71% OF HOUSEHOLDS
HAVE A MEMBER WITH A GED
OR HIGH SCHOOL DEGREE

23% OF CLIENTS
ATTAINED HIGHER EDUCATION

AND HOUSEHOLDS REPORT USING COPING STRATEGIES
TO AVOID HUNGER

91%
PURCHASE INEXPENSIVE,
UNHEALTHY FOOD

36%
WATER DOWN
FOOD
OR DRINKS