The GoodLife Newsletter

Helpful Advice and Fun Tips For CarBuyers & CarOwners

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This Month In History

- 1 1976 Apple Computer Company was formed by Steve Jobs and Steve Wozniak.
- 3 1972 The first ever mobile phone call was placed.
- 6 1930 The Hostess Twinkie was invented.
- 20 1926 Sound was added to film for the first time.
- 28 2003 Apple's iTunes Music Store opened, selling 1 million songs in its first week.
- 30 1992 The last episode of the Cosby Show aired.



5 Fun Easter Family Traditions to Start this Year

By Sue Kirchner

Family traditions are so important and Easter is a great time of year to celebrate and have fun with loved ones. But Easter can mean more than just a ham dinner and an Easter Egg Hunt. Here are 5 ideas to start a fun, family Easter tradition this year.

- 1. Color Easter Eggs Well, duh! This is easy right, we all know you color Easter eggs at this time of year. But, why not add to the Easter Egg coloring experience? Every year, color the eggs in a different way. Start
- a tradition where every year you take turns deciding how you are going to decorate the eggs that year stickers, decoupage, tie dye, googly eyes, themes, etc. Or, start a tradition where you take some of the decorated eggs to a nearby nursing home. They would love to see your artwork.
- 2. Hunting for Practical Jokes. Funnyup the Easter Egg Hunt by putting weird items in the plastic eggs. Our family has put in everything from grass, dog food, candy wrappers, dirt, shaving cream, and lego guys in the eggs. The kids look forward to opening the eggs and finding weird stuff in them. Lots of giggles.

3. Feed the Bunny. You leave cookies and milk for Santa, right? Well, what about the Bunny? Leave out a plate of carrots and a bowl of water for the Easter Bunny. This forces Mom and Dad to eat a healthy snack before dinner, as well.

4. Hunting for Fun. Why do the

- kids get all the fun on Easter Day at the Easter Egg Hunt? My husband has a huge family and every Easter the adults have fun hiding the eggs for the kids. One year when the kids were done hunting and the adults were standing around wondering what to do next, we decided to have an adult hunt. One year we hid beer cans (soda would work, too). Another year, it was twinkies. We have hid pieces of paper with jokes on them and it's pretty fun to read them all aloud later. Be creative.
- 5. Try Something New. Traditions are all about doing the same thing so you can look forward to the event, right? Well, make a tradition of doing something different for Easter. In our family, Easter means ham, cheesy potatoes, deviled eggs, and some kind of cream pie. However, why not make it a tradition to try a different meal combination every year or a different recipe for ham, cheesy potatoes, etc? Or, Cook an Easter meal from another country each year.

"I Specialize In Helping Individuals & Families Find, Qualify For And Own The Vehicle Of Their Dreams With Little Or No Money Down Even With Less Than Perfect Credit."

Contents Under Pressure: The Perils of Pursuing Relationship Perfection

by Esther Boykin

It's been a tough year for celebrity relationships. As I read the gossip columns and listen to the armchair psychologists pick apart these failed relationships, one theme almost always emerges- the pressure these couples are under and its impact on their relationships.

But celebrities aren't the only ones whose relationships are under pressure. We live in a society that continually upholds unrealistic expectations of what a "good" relationship should look like. Before they come tumbling down, many of these Hollywood romances are held up as examples of what the rest of us should be striving for. Beautiful people, smiling brightly, in exotic locations or on romantic dates are put on display for us as a visual reminder of what the "perfect relationship" looks like. And for those of us grounded enough to realize that our lives are never going to involve dinner dates in Paris or month-long family vacations, there is the more subtle pressure that surrounds us.

We look at our neighbors and coworkers and it seems as if they have the perfect marriage. Because we rarely share the inner turmoil of our family life with anyone, we are all living with an unrealistic image of a good marriage as one in which everything is wonderful. Many times we cling to the idea that if we just weather these storms, at some point it will become perfect. Once we reach this perfection then we can stop working at things, stop trying so hard to get it right. And after years of ups and downs many couples begin to get weary of working toward a goal that never seems to get any closer.

The issue is that they are working toward the wrong goal. A good relationship is never done; it's always going to be a work in progress rather than a perfectly finished project. The goal is to always keep moving in the direction of the ideal while accepting that the joy is in the process. In his book, Being Peace, Thich Nhat Hanh says "If I lose my direction, I have to look for the North Star, and I go north. But that does not mean that I expect to arrive at the North Star."

That is how we must learn to see our relationships, not as drudgery that we endure so that one day we will arrive at this relational perfection but as a shared journey toward an ideal love that meets both of our needs- most of the time. No relationship will ever meet the needs of both partners perfectly but we can choose to consistently move in the direction of this relationship nirvana. And the closer we follow that path the more clearly we will begin to see that the most wonderful part of marriage is in sharing the journey together, not the final destination.

Interesting Facts You Never Knew



Did you know . . . The average person laughs 10 times a day.

Did you know . . . Avocados have the most calories of any other fruit.

Did you know . . . 55% of all movies are rated R.

Did you know . . . The average person swallows 295 times during a meal.

FAMOUS WORDS

"Expect problems and eat them for breakfast."

Alfred A. Montapert

IF YOU READ NOTHING ELSE . . . READ THIS!

Do you know of someone who is looking for a quality pre-owned vehicle or wants to upgrade their current vehicle?

Even if they have little money to put down or they've had trouble qualifying in the past... I can help them! Send them my way. They'll be glad you did and so will you! Here's why...

If you refer someone to me this month, when we finish the paperwork for their nicer, newer car - I will give them a \$50 gift certificate for dinner at Filippi's Pizza Grotto nd give you one too!



Patrick Smorra: Is an author and consumer advocate. He has spent his life fighting the negative stigma that plagues car dealers around the world. He does this by fighting for

the consumer as a car dealer that advises people and helps them get the quality vehicle they want and deserve in an positive and safe environment.

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THANK YOU!

John Sanzo Napa Ca
I was a bit weary from my car search but
after I found my car at Napa Chrysler I
was very excited to drive my new car. I
was stressed about not being able to trade
my car in and get the deal I wanted but
Napa Chrysler overcame that by giving
me a fair value for my trade and a great
deal on my new car. It was a wonderful
experience.

Prize Winner

Search This Newsletter For The Answer To The *Fitbit* Question and Submit Your Answer Online.

SUDOKU Puzzle

Quick SUDOKU rules . . .

To solve a SUDOKU puzzle, every number from 1 to 9 must appear in:

- Each of the nine vertical columns
- Each of the nine horizontal rows
- Each of the nine 3 x 3 boxes

Remember no number can occur more than once in any row, column or box.

1	9					7		
	4			1				2
5		3	9		6	4		8
			6	8			7	9
8				5				4
2	7			3	4			
7		2	4		1	6		5
9				6			4	
		5					8	1

"What you get by achieving your goals is not as important as what you become by achieving your goals."

Henry David Thoreau

Good Life NEWSLETTER

Helpful Advice and Fun Tips For CarBuvers & CarOwners



Because I'm an automotive transportation and financing expert I can do things that most other car dealers can't. I've been helping individuals like you and families like yours for years and you know I'll do it for you.

So here's my promise...If I can't help you get the car of your dreams, I will buy you a big dinner from Filippi's Pizza Grotto!

Get Expert Automotive Financing Answers & Solutions For Free. Call Me Now At 707-224-3166

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WIN A FREE Fitbit

hy am I giving away a *Fitbit*? Because everyone likes to win stuff. It's fun. And I want this newsletter to be fun for you. I also want you to read it. Ahhh . . . now you'll see my selfish motivation.

In order to win the *Fitbit* you have to answer the question below. In order to answer the question, you have to read this newsletter. I've hidden the answer somewhere in the contents of these four pages.

If you read the whole newsletter, I think you'll like it and you'll look forward to getting it every month.

Then when you are looking to buy a vehicle or know someone who is, you'll remember this newsletter and hopefully you'll give me the chance to earn their business. That's my master plan. So answer the question and you could be the winner. There's a new winner every month.

Here's The Question:

When was the 1st mobile phone call placed?

Submit Your Answer And Win
Go to www.FreePrizeQuestion.com/

CONTEST CODE (DEALERSHIP NAME)

Submit Your Answer By: April 30, 2014

CONSUMER ALERT!

Don't Get Ripped Off The Next Time You Buy A Car.

<u>FREE REPORT</u> Reveals The 10 Most Notorious and Common Car Scams Dealers Use To Rob You Of Your Cash & Sanity and How You Can Avoid Being A Victim!

There are dastardly scams being pulled on innocent car buyers every day. It's really tough to tell where these shyster lots are and whether or not you're on one. Remember these people are very well trained and may be taking advantage of you without you ever knowing it.

You know this to be true because of the stereotypes we all hear about how shady and unscrupulous car dealers and used car salesman are. It's true. There are some bad apples out there that spoil it for the bunch.

So what can you do about it? Arm yourself with the insider information you need to recognize a common car scam when you see it. This information can save you big money, lots of time and an enormous amount of pain, heartache and frustration.

I've prepared a FREE REPORT especially for people who are thinking about making a vehicle purchase in the next few months. This report explains the ten most notorious and common car scams that go on at dealerships all over the country. Some right here in our own town.

This report will show you how to spot these scams and how to avoid being a victim. **This is insider information** you won't get from any other car dealer. In fact, I'm sure I'll get some heat from the industry just for writing this. But I don't care. I'm here for you.

If you are in the market for a car you are entitled to this information. It is available to you absolutely FREE with no cost or obligation.

To **request your free copy** of this special industry expose' visit my report request web site at:

www.CommonCarScams.com/napaauto

